

Rules

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Modifications

The full rules will apply, unless otherwise stated below.

Field Size

The fields are a reduced size (half a rugby field), from the international standard (70m x 50m).

The Game

The attacking team must start with a tap from the middle of the field.

The defending team must be back 10m for the start of play, and after each touchdown.

After a team scores, play begins again with a tap in the middle.

The person who takes the role of acting half can cross the try-line but not score.

Acting Half ROLL BALL

If the acting half is touched while possessing the ball it is a turnover.

The Touch ROLL BALL

After being touched, the player touched must roll the ball between their legs. The attacking team continues play until they have had 6 touches.

Retreating ROLL BALL

After touching the attacking player with the ball, all defending team members must retreat 5m.

Hand Over ROLL BALL

After being touched 6 times the ball is handed over to the other side.

Ball to Ground ROLL BALL

When the ball is dropped on the ground it is a turnover.

Turnover ROLL BALL

When the attacking side loses the ball to the opposition.

No control ROLL BALL

When the ball is thrown, dropped, knocked on, in a touch.

Penalty PENALTY

When someone is penalised their team must then retreat 10m.

The correct penalty sequence to play the ball is:

1. Ball is placed on the ground
2. Let go of the ball
3. Touch the ball with your foot
4. Pick up the ball.

Offside PENALTY

If the defending players do not retreat they are offside.

Strong Touch PENALTY

If a touch is considered to be too strong.

Forward Pass PENALTY

When the ball is passed in front of the player who possessed the ball.

Touch and Pass PENALTY

When the person who is touched then passes the ball.

Voluntary Rolled Ball or No Touch PENALTY

When the player is not touched and rolls the ball between their legs.

More than a Meter PENALTY

The ball must not be rolled more than one meter.

Shepherd or Obstruction PENALTY

Obstructing a touch from the defending side.

Deviation PENALTY

When a defender changes their direction before retreating straight back 5m.

Minor offences

Bickering with refs, shouldering, leg trips etc... the referee will initiate an automatic substitute between the offending player and another team player in the sub box.

Repeated offences

For repeated offences the referee will yellowcard the player and have that player move to the sin bin for a period of five minutes without replacement (sin bin - oppositions deadball line).

Foul play of any nature - (the referee being the sole judge)

Will result in the offending player being sent from the field without replacement.